



We preserve nature's gifts

Ardo Onions Diced

4300

Premium quality for superior convenience, consistency and flavour.

- * Free from additives
- * Free from preservatives
- * Suitable for vegans



Ideal for:

Cafes, restaurants, QSR, clubs, hotels, catering, hospitals, canteens and institutions.

Certifications:

HACCP Certified. GMO Free.

Product Information

Code	Product	Units/Carton
4300	Ardo Onions Diced	4 x 2.5kg (10kg)

Nutrition Information

Servings per pack: 25
Serving size: 100g

	Avg Qty per serving	Avg Qty per 100g
Energy	173kj	173kj
Protein	1.3g	1.3g
Fat -Total	0.2g	0.2g
-Saturated	0.0g	0.0g
Carbohydrate	7.8g	7.8g
Sugars	5.5g	5.5g
Fibre	1.4g	1.4g
Sodium	3mg	3mg

Cooking Instructions Cook Before Consumption

Methods

Stove Top: Place the frozen vegetables in boiling water and bring back to boil. Frozen vegetables do not need to be cooked for as long as fresh since they are par cooked. Drain and season to taste.

Fry Pan: Heat 1-2 tablespoons of vegetable oil in a frying pan. Put the desired quantity of product in the frying pan and cook at medium heat stirring well.

Microwave: Put the desired quantity of product in a microwave bowl, cover and cook, stirring well.

Storage: Keep frozen at or below -18°C

Frozen Shelf Life: 2 Years from production

Chilled Shelf Life: Not recommended

Ingredients: Onions (100%)

Allergens: None

Product of Belgium





We preserve nature's gifts

Ardo Onions Diced

4300

Packaging

Packaging Configuration **4 x 2.5kg (10kg)**

Inner:



Packaging Type: Printed Food Grade Plastic Bag

Barcode: 5411361012703

Outer:

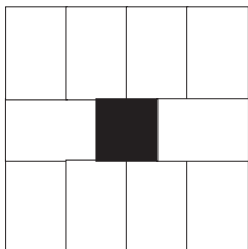


Packaging Type: Cardboard Carton

Barcode: 05411361012901

Dimensions: 395mm(L) x 270mm(W) x 205mm(H)

Pallet Configuration



10B1

10 Cartons per layer

5 Layers per pallet

50 Cartons per pallet